

# MEA Presents

# 2023-24 Core Safety Practices

Many educators are struggling with an increase in student verbal and physical assaults against staff, MEA is here to help. We have cultivated a series of virtual professional development offerings to support members facing these challenges.

*SCECH Available!*

**De-escalation Strategies:** Often there are signs that a student exhibits in a situation is escalating and potentially becoming violent. While not a fail-safe, there are strategies that we can all utilize that may prevent a situation from escalating to the point of violence. In this session, participants will learn strategies to prevent aggressive student behavior, de-escalate early stage incidents, and tips for keeping themselves safe if a situation becomes physical. **1/30/24 at 4:30**

**Post-Incident Best Practices:** If the worst happens and you are a victim or helping someone who was victimized, it can be overwhelming to know what to do next. This session will help you learn to navigate the often complex systems that need to be leveraged after an incident. We will discuss how to properly document the incident, workers compensation rights and responsibilities, investigations both internal and external, finding support for your mental and physical well-being, and more. **2/1/24 at 4:30**

**Communication Infrastructure:** Often members are afraid to speak up. Whether it be a fear of retaliation or that nothing will get accomplished or "it's just not the student's fault." All employees and students have a right to a safe learning environment. Learn the proper route to communicate so you and your students are heard. Topics covered: Order of operations, CPS, MIOSHA, Special Ed meetings, and more will be the topic of this presentation. **2/13/24 at 4:30**

**How to Leverage Policies and Law:** There are policies and laws currently in place to address student violence. In this session, we will help you find the policies and contractual responsibilities that your district has to protect you against student violence and address it should it happen. We will address some suggestions for contract language to consider to keep you and your colleagues safe. We will talk about additional legal protections and get your input regarding future legislative interventions that would help you stay safe. **2/15/24 at 4:30**

**Managing Stress and Supporting Your Mental Health in Challenging Times:** Being an educator is a stressful job. Rhonda Jones, MESSA will lead you in learning some techniques that you can utilize now and in the future to help you feel more balanced and healthy so that you can be present with your family and friends. **5/21/24 at 4:30**

Questions? Contact Annette Christiansen: [achristiansen@mea.org](mailto:achristiansen@mea.org)

<https://www.mobilize.us/mea/event/599339/>



Use this QR to register

